

## Decision Making Skills

**These are statements about your views on how you make decisions. Tick the one that is right for you.**

	Strongly Agree	Agree	Hard to Say	Disagree	Strongly Disagree
(a) When I have decided to do something, I always carry it through	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
(b) I seldom make up my mind without thinking of the consequences	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
(c) Sometimes, I decide on something 'off the top of my head' (-)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
(d) I weigh up all the choices before I decide on something	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
(e) I seldom decide to do something that I later regret	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
(f) When I get an idea I often make a decision without thinking (-)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
(g) Sometimes I change my mind about something several times a day (-)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
(h) When I decide on something it doesn't matter what my friends think.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Calculation of Indices: Score each item 1 to 5, having reversed the scores for items (c), (f) and (g). The mean of all of the items can be taken as a measure of endorsement of rational decision making.